



# DIABCON 2023

31<sup>st</sup> Annual Conference on Diabetes  
July 29 & 30, 2023 | Auditorium, LHMC, New Delhi

ONLINE REGISTRATION

ABSTRACT SUBMISSION

Theme

**Making Diabetes Care  
Affordable and Accessible**



[www.diabcon.com](http://www.diabcon.com)



# DIABCON 2023

31st Annual Conference on Diabetes

July 29 & 30, 2023 | Auditorium, LHMC, New Delhi

## Welcome Message

*Dear Friends & Colleagues!*

*With great pleasure, on behalf of the Organizing Committee, we invite you to participate in the Forthcoming **Annual Conference on Diabetes (DIABCON 2023)** organized by the **Delhi Diabetic Forum** on **July 29 & 30, 2023** at **Lady Hardinge Medical College, New Delhi**.*

*This Conference will include presentations and deliberations on the latest developments in the field of diabetes. The alarming rise in the prevalence of diabetes mellitus in resource limited regions of the world demands innovative solutions in healthcare. Advances in information technology, diagnostics and food technology have the potential to make diagnosis and treatment of diabetes simpler, cost-effective and patient-friendly. It has been observed that there are tremendous advances in the use of technology for the management of diabetes over three decades. Therefore, the present theme of **DIABCON 2023** has been kept as **“Making Diabetes Care Affordable and Accessible”**.*

*The two day deliberations shall be an academic feast for the delegates with over a dozen faculties coming from various nook and corners of the country. The Scientific Programme will be full of academic and practical talks, symposia, panel discussions, paper presentations, workshops, and diabetes quiz to provide a complete spectrum to the delegates. More than 400 delegates from across India are expected to attend the conference, an audience of researchers and clinicians from the fields of diabetes, endocrinology and metabolism, and also family medicine practitioners will be attending **DIABCON 2023**.*

*We look forward to your participation and an active interaction.*

*We welcome you all to join us on **July 29 & 30, 2023** at **Lady Hardinge Medical College, New Delhi**.*



**Prof. Anupam Prakash**  
Organising Chairperson



**Prof. Ashok Kumar**  
Organising Secretary



**Prof. Sandeep Garg**  
Sc. Committee Chairperson



**Prof. L.H Ghotekar**  
Sc. Committee Co-Chairperson



**Dr S P Kalra**  
Patron



**Dr Rajiv Gupta**  
Patron



**Dr Satish K Agarwal**  
Patron



**Dr Y P Munjal**  
Patron



**Dr Vinod Mittal**  
Patron



# Scientific Program

## Day 1 - Saturday, July 29, 2023

Time	Topics	Speaker
09.00am-09.20am	<b>Introduction of Pranayam followed by experiencing short meditation</b>	Dt. Archana Gupta
09.30am-09.50am	<b>Day 1 Session 1</b> Chairpersons: <i>Dr. Manish Kumar, Dr. Priyank Rastogi, Dr. Dipesh Sood, Dr. Pratap Singh</i> <b>Beta cell preservation</b>	Dr. L H Ghotekar, LHMC, Delhi
09.50am-10.30am	<b>Day 1 Sessions 2 Paper presentation</b> Chairpersons: <i>Dr. Shubha Laxmi Margekar, Dr. Bineeta Kashyap, Dr. Sheetal Arora, Dr. Moti Lal</i>	
10.45am-11.30am	<b>Day 1 Session 3- Paper presentation</b> Chairpersons: <i>Dr. Ritesh K Gupta, Dr. Amit K Sharma, Dr. Priyanka Shukla, Dr. Nishanth Dev</i>	
10.30am-11.30am	<b>Day 1 Session 4</b> <b>Workshop 1- Insulin workshop- Insulin injection technique &amp; glycemic monitoring</b> (Parallel session - Lecture Theatre 5th floor)	Dr. Nitin Sinha, Dr. Sameer Gulati
11.30am-11.45am	<b>Inauguration</b>	
11.45am-12.25pm	<b>Day 1 Session 5</b> Chairpersons: <i>Dr. Sachin K Jain, Dr. Madhur Yadav, Dr. M D Gupta, Dr. Manushree Gupta</i> <b>Movement disorders in Diabetes</b> <b>Mental health &amp; Diabetes</b>	Dr. Elavarasi A, AIIMS, Delhi Dr. Niket Verma, AIIMS, Bhatinda
12.25pm-01.05pm	<b>Day 1 Session 6</b> Chairpersons: <i>Dr. Paras Kathuria, Dr. Anurag Rohatgi, Dr. Sunil Kohli, Dr. Deepshikha</i> <b>Tackling Diabetic neuropathy- points to consider!</b> <b>Islet cell transplantation</b>	Dr. Jasmine Parihar, AIIMS, Delhi Dr. Sujata Mathews, ABVIMS, Delhi
01.00pm-02.00pm	<b>Lunch</b>	
02.00pm-02.40pm	<b>Day 1 Session 7</b> Chairpersons: <i>Dr. Ashish Goel, Dr. Rohit Saxena, Dr. Sunita Aggarwal, Dr. Ghan Shyam Pangtey</i> <b>Post-prandial hyperglycemia</b> <b>The lipid conundrum in Diabetes</b>	Dr. Pankaj Nand Chaudhary, MAX Vaishali Dr. Vaibhav Shukla, ELMC, Lucknow
02.40pm-03.20pm	<b>Day 1 Session 8</b> Chairpersons: <i>Dr. Umesh Kansra, Dr. A K Jain, Dr. Naresh Kumar, Dr. R P S Makkar</i> <b>Monitoring glycemia- what all is required?</b> <b>Stress hyperglycemia</b>	Dr. P K Bhattacharya, NEIGRIHMS, Shillong Dr. Ramadoss, JIPMER, Puducherry
03.20pm-04.00pm	<b>Day 1 Session 9</b> Chairpersons: <i>Dr. Bornali Datta, Dr. Aruna Nigam, Dr. Shivani Bansal, Dr. Swathi Jami</i> <b>Managing hyperglycemia in pregnancy</b> <b>GLP-1 &amp; Incretin Therapies: Mechanisms &amp; New Directions</b>	Dr. Payal Jain, GIMS, Greater NOIDA Dr. Parjeet Kaur, Medanta, Gurugram
04.00pm-04.20pm	<b>Day 1 Session 10</b> Chairpersons: <i>Dr. Charu Mohan, Dr. Alpana Raizada, Dr. Pushpa Kumari, Dr. Ritika Sud</i> <b>Evidence to Practice: Clinical Perspective of Diabetes Management with New Generation Insulins</b>	Dr. Shalini Jaggi, Delhi
04.25pm-05.15pm	<b>Day 1 Session 11</b> <b>Workshop 2- Diabetic Foot- Examination and management</b>	Dr. Ashok Damir

## Day 2 - Sunday, July 30, 2023

Time	Topics	Speaker
08.15am-09.25am	<b>Day 2 Session 1 QUIZ</b>	Quiz masters: Dr. Anshuman Srivastava, Dr. Akanksha, Dr. Abha Sharma
09.30am-10.10am	<b>Day 2 Session 2</b> Chairpersons: <i>Dr. Anil Kulshreshtha, Dr. Hemant Saluja, Dr. Adarsh Kumar, Dr. Rajesh K Meena</i>	
	<b>Preventing Kidney disease in Diabetes</b> <b>Managing Hypertension in Diabetes</b>	Dr. Abhishek Kumar, Patna Dr. Roli Bansal, Ghaziabad
10.10am-10.50am	<b>Day 2 Session 3</b> Chairpersons: <i>Dr. Sanjay Joshi, Dr. Suman Kirti, Dr. B K Singh (ESI), Dr. B K Tripathi</i>	
	<b>Managing hyperglycemia in kidney disease</b> <b>Managing in-hospital hyperglycemia</b>	Dr. Bhupen Barman, AIIMS, Guwahati Dr. Ashish Behera, PGIMER, Chandigarh
10.50am-11.10am	<b>Tea</b>	
11.10am-11.50am	<b>Day 2 Session 4</b> Chairpersons: <i>Dr. Ajay K Gupta, Dr. Sandeep Garg, Dr. Gunjan Aggarwal, Dr. Atul Gupta</i>	
	<b>Searching for the right combination in DM therapy (Wal) Nuts in diabetes</b>	Dr. Radhika Jindal, VMMC, Delhi Dr. S K Gautam, GSVM Med Col, Kanpur
11.50am-12.30pm	<b>Day 2 Session 5</b> Chairpersons: <i>Dr. Shridhar Dwivedi, Dr. Anil Chaturvedi, Dr. Hemant Sharma, Dr. Pikee Saxena</i>	
	<b>Negotiating common pitfalls in insulin therapy</b> <b>Managing diabetes according to phenotypes</b>	Dr. Nirupam Prakash, Lucknow Dr. Nishant Raizada, UCMS, Delhi
12.30pm-01.00pm	<b>Day 2 Session 6</b> <b>DDF Oration</b> Chairpersons: <i>Dr. S P Kalra, Dr. Satish K Agarwal, Dr. Jeevan Prakash, Dr. Rajiv Gupta</i>	
	<b>Fragility fractures in diabetes- a neglected association</b>	Dr. Ambrish Mithal, MAX, Delhi
01.00pm-02.00pm	<b>Lunch</b>	
02.00pm-02.40pm	<b>Day 2 Session 7</b> Chairpersons: <i>Dr. A P Misra, Dr. B K Singh, Dr. Praveen K Malik, Dr. Vikas Kataria</i>	
	<b>Adipose tissue thermogenesis and link to obesity in DM</b> <b>ADA 2023 highlights</b>	Dr. Saket Kant, Delhi Dr. Vinod Mittal, Delhi
02.40pm-03.20pm	<b>Day 2 Session 8</b> Chairpersons: <i>Dr. Rajiv Garg, Dr. Ram Babu, Dr. Rupali Malik, Dr. Smita Davarimanjavkar</i>	
	<b>Metabolic liver disease in DM</b> <b>Newer concepts in Diabetic nephropathy</b>	Dr. Vinod Arora, ILBS, Delhi Dr. Sahil Bagai, MAX, Delhi
03.20pm-04.00pm	<b>Day 2 Session 9</b> <b>Symposium - The cardiovascular conundrum of Diabetes</b> Panelists: <i>Dr. Samir Kubba, Dr. Dheeraj Garg, Dr. Vivek Suman, Dr. P Venkata Krishnan, Dr. Paras Gangwal</i>	Moderator: Dr. Rashmi Rajput, Delhi
04.00pm-04.40pm	<b>Day 2 Session 10</b> <b>Symposium- Newer drugs in managing diabetes- Imeglimin, Tirzepatide, Non-insulin injectables</b> Panelists: <i>Dr. Snehlata Verma, Dr. Piyush Jain, Dr. Amitesh Aggarwal, Dr. Ramesh Aggarwal, Dr. Ashok Kumar</i>	Moderator: Dr. Rosmy Jose, Delhi
04.40pm-04.55pm	<b>Valedictory ceremony</b>	